



Laboratory Testing at GCMG

Your doctor has ordered lab work for you. For **blood work** that requires **FASTING**:

Do not have anything to eat or drink other than water or black coffee for **10 hours** prior to having your blood drawn. You can continue to take your normal medications and drinking water is encouraged to avoid dehydration.

Tests that usually require FASTING:

Glucose, Triglyceride, Cholesterol, LDL cholesterol

Complete metabolic panel

Basic metabolic panel

Lipid panel

Other pointers:

Testing for most drug levels should be drawn prior to taking the medicine (example-Digoxin) or 8 hours afterwards unless your doctor instructs you otherwise.

Vitamin B12 levels should not be measured until 2 weeks after an injection.

Urinalysis- Please drink water prior to coming to the lab so that you will be able to give a specimen. Samples brought in containers from home are not acceptable since they are not sterile and your doctor may order further testing.

We look forward to seeing you at the LAB!

GCMG Tuscany Lab

1700 East Venice Avenue

(GCMG Urgent Care /Diagnostics)

GCMG Island Lab

333 South Tamiami Trail (Tandem Ctr)